

*breakthrough science holds the key*

# ***HOW FAST ARE YOU AGING***



***TELOMERE  
PROGRAM***

*introducing the world's most precise measurement of your DNA age*



**LIFE LENGTH**

## *How well are you aging? Your cellular health tells the story.*

*One of the greatest advances in preventive medicine is here—a breakthrough science and technology that give us the ability to measure your biological age vs. your chronological age.*

**Forget about the number of years you've been on the planet.** It's all about telomeres—the sections of your DNA that cap off every chromosome. These protective shoe-lace like ends prevent your chromosomes from fraying whenever cells replicate. They also control the way your cells repair and recover.

And they are one of the best molecular markers for aging. The long and short of your telomeres (literally) become a health barometer. The more “short” telomeres you have, the less healthy and the older you really are.

### **What's affecting your telomere length? Plenty.**

- aging
- stress
- poor nutrition
- being overweight
- sedentary lifestyle

**Your biological clock is ticking . . . what should you do?** Start by having your telomeres tested with the most sophisticated measurement in the world—and it's available right here at Cenegenics.

## *Your new gold standard: The Cenegenics Telomere Program.*

*Telomere measurement is taking age management medicine to an entirely new level.*

**It starts here.** Cenegenics® Medical Institute partnered with Life Length®—the leading telomere testing and services company, headquartered in Spain—to bring you the world's most accurate analyses of critically short telomeres.

### **Telomere Analysis Technology (TAT)**

- the only gold standard in telomere measurement today
- developed by the forerunner of telomere function research, Dr. María Blasco, Chief Scientific Advisor for Life Length and Director of the prestigious Spanish National Cancer Research Center

**Telomerase activator.** Cenegenics also partnered with T.A. Sciences to bring you their groundbreaking technology—a nutraceutical called TA-65® that activates a naturally occurring enzyme in your body to help slow down the telomere shortening process.

**Live better. Live healthier. Live Cenegenics.  
Call 720.528.4390.**



# Cenegenics® Medical Institute

*A new standard in proactive health.*

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